



Sermon Growth Guide

October 26, 2025

Lasting Impact

Psalms 146:1-10

Key Verse: Psalm 146:2 “I will praise the Lord all my life; I will sing praise to my God as long as I live”

Big Idea: We were made to worship God.

Foundations

This week we end our sermon series, “How to Get What You Want.” We have looked at some of our deepest desires and longings. We have learned how to reorient our lives to long for more of God and His Kingdom. We have seen what all of humanity struggles with and soaked in biblical responses.

We cannot be sure of who authored this psalm. There’s no accreditation given. We do know that this, too, applies to all of humanity, for each person faces their mortality and the impact they will have. Psalm 146 focuses on trusting God and the reasons to, rather than earthly leaders. God alone proves trustworthy. Throughout time, leaders have volleyed for power, trying to prove themselves worthy of being adored. But, as mentioned in the sermon, only God Himself is our Creator, Sustainer and King.

The following psalms continue to praise God and list multiple reasons that He has shown Himself loving, consistent, omniscient and omnipotent. All of creation praises Him. These last psalms consistently proclaim God. Instead of thinking of what we want, these psalms reorient us to proclaim what we have – a loving God who transcends and is involved in everything. Our sermon talks today about lasting impact – our desire to leave a legacy. Pastor Tim talks about the purpose of our lives – we were made to worship God. Our worship is our impact.

Understanding God’s Word

Together, read Psalm 146:1-10.

As Pastor Tim mentioned, this Psalm starts and ends with Hallelu Yah, or Praise the Lord. This is the first of the last 5 psalms, and each has this same bookended cadence. How does it change your reading to have the overarching theme be “Praise the Lord?”

This Psalm consistently mentions reasons to put your trust in God, rather than trusting in mortal men. What are some reasons you read here to trust in God? Is there one that resonates with you more?

Applying God’s Word

The Psalmist lists reasons to worship God in this passage, from creation to upholding the cause of the oppressed and beyond. Which part of the psalm did you most need to hear today? What resonated with you?

How do these traits prove God’s trustworthiness?

Witnessing God’s Word

We are called to be like Christ. Think of the trait of God that resonated with you. Is it something you’re drawn to emulate? Pray about how God might use you in a similar way here on earth. This is what makes a lasting impact. How can you worship God and witness to others by your actions today? This Psalm speaks to God’s hands in everything and love for all people. How might that alter your prayers?