Barbara Irene Benson, age 95, of Colorado Springs, Colorado joined our Heavenly Father on October 26, 2024. Born in Winnipeg, Manitoba, Canada on October 1, 1929, she was the daughter of the late Edward James Worth and Helen Cecile (Vandersluis) Worth.

Barbara grew up in Canada. She was involved in Girl Guides starting at the age of 8. After her father's passing, at the age of 10, her family moved to Vancouver, British Columbia. Barbara graduated from Lord Byng High School in 1947. At the age of 17, her family immigrated to San Diego, California in September 1947. She went on to obtain her Bachelor's of Science degree in Nursing at the University of California San Francisco in 1952. Barbara worked in labor and delivery early on in her nursing career as a charge nurse. Barbara met her to-be husband, Jack Benson, during his residency. In 1956, Jack and Barbara were married in Honolulu, Hawaii following his medical internship. Barbara devoted the next 23 years to her family as an officer's wife being stationed in places such as Germany and Alaska. She ended her nursing career in Colorado Springs at Terrace Gardens Healthcare Center (in 1990?).

Following retirement, Barbara dedicated her time to volunteering at First Presbyterian Church in the Get Set children's program. She was also very involved in the church as a deaconess, as well as a member of the Big Blue Choir. She continued with her passions of music, reading, traveling, and water aerobics. Barbara is remembered as being lovable, compassionate, comical, philanthropic, and self-less.

Barbara was preceded in death by her husband, Jack Odell Benson; her son, Christopher Henry Benson; her father, Edward Worth; her mother, Helen (Vandersluis) Worth; her sister, Helen (Worth) Ward; and her brother, Edward Worth Jr. She is survived by her loving daughter, Laura Weed; her granddaughter, Kendra (Jonah) Burnette; and her great-grandchildren, Aria, Annabelle, and Benjamin.

Friends and family are invited to attend on **Thursday, November 21, 2024 a visitation at 10:00 am followed by a memorial service at 11:30 am** being held at The Springs Funeral Services (North) located at 4310 Austin Bluffs Parkway, Colorado Springs, Colorado 80918. Following the service at **2:00 pm** will be a graveside burial at Evergreen Cemetery at 1005 Hancock Expressway Colorado Springs, Colorado 80903.

In Lieu of flowers, memorial contributions can be made to a charity of your choice.